



**2026 WESTERN ZONE
SHORT COURSE SENIOR CHAMPIONSHIPS
MESA, AZ
March 19 – 22**

Hosted By
Mesa Aquatics Club

Skyline Aquatics Center
845 South Crismon Road, Mesa 85208
Facility Phone: (480) 644 - 6040

Entries OPEN via OME: Monday, January 7th, 2026 * 10:00 AM Mountain Time

Regular Entry Deadline: Monday, March 9, 2026 * 11:59 pm Mountain Time

See ENTRY PROCEDURES (p. 5) for additional information.

Held Under the Sanction of USA Swimming AND Arizona Swimming, Inc.

Sanction # AZ26-42 * TT Sanction # AZ26-43

Websites:

[Mesa Aquatics Club](#) * [Western Zone Swimming](#) * [USA Swimming](#)

Meet Website: westernzone2026.com

Sanction

This meet has been sanctioned by USA Swimming, Inc. Current USA Swimming Rules and Arizona Swimming Policies & Procedures will apply. All athletes must be currently registered as Premium or Outreach members for 2026 with USA Swimming. Arizona Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Arizona Swimming, Inc., all meet officials, Skyline Aquatic Center, Mesa Public Schools, City of Mesa and Mesa Aquatics Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending athlete, if unattached, or the offending athlete's team, if attached, to be held accountable for repairs.

Meet Referee

Sally Taggart
(281) 910-2136 (cell)
sally.taggart17@gmail.com

Admin Referee

Richard Hall
(305-401-5943 (cell)
rhall290472@gmail.com

Meet Director

Maggie Dana
(480) 501-0663 (cell)
coachmaggie7@gmail.com

Meet Entry Chair

Judi Creech
(360)-909-7526
jjjcreech@comcast.net

MEET SCHEDULE SUMMARY

Information provided below is ESTIMATED * Additional details will be provided after close of entries.

MEETING SCHEDULE General					
Meeting	Monday, March 16, 2026 * 8:30 pm Mountain Time via Zoom				
Officials' Meetings	One hour before the start of each session				
COMPETITION SCHEDULE					
Thursday - Sunday March 19 th – 22 nd	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center; background-color: #d9e1f2;">PRELIMINARIES</th><th style="text-align: center; background-color: #d9e1f2;">FINALS</th></tr> </thead> <tbody> <tr> <td style="text-align: center;">Warm-Up: 7:00 AM – 8:50 AM Competition: 9:00 AM</td><td style="text-align: center;">Warm-Up: 4:30 PM – 5:20 PM Competition: 5:30 PM</td></tr> </tbody> </table>	PRELIMINARIES	FINALS	Warm-Up: 7:00 AM – 8:50 AM Competition: 9:00 AM	Warm-Up: 4:30 PM – 5:20 PM Competition: 5:30 PM
PRELIMINARIES	FINALS				
Warm-Up: 7:00 AM – 8:50 AM Competition: 9:00 AM	Warm-Up: 4:30 PM – 5:20 PM Competition: 5:30 PM				

Supervised Warm-Ups

The facility will be available for supervised warm-ups on Wednesday, March 18th between 4:00 – 7:00 pm.

Facility

Outdoor facility with two Championship 25Y courses with 8-10 lanes each course, and 10+ additional warmup lanes. Colorado Timing System Touchpads with competitive starting blocks with fins. Backstroke ledges will be used. Start-end water depth: 6ft 7in @ 1 meter from wall. Turn-end water depth: 7ft 8in @ 1 meter from wall. The host will ensure the required course dimensions.

MEET FORMAT

- **Meet format** will be SCY Prelims (8-10 lanes per course) and SCY Finals (8 lanes). Depending on meet size, two courses may be used for all prelims sessions and the 1650 freestyle. This decision will be announced no later than the general meeting.
- **Entry Limit** will be capped at 1000 swimmers based on meet size.
 - For individual events 200Y and shorter, one championship final heat (A), two consolation finals heats (B-C), and two bonus finals heats (D-E) will compete in Finals.
 - ◆ **Protected E-final:** The E-final will be restricted to the next 8 fastest 16&U athletes who do not qualify for the A-D finals. If there are not sufficient 16&U qualifiers to fill the E-final, the heat will be filled with the next fastest 17&O athletes who did not qualify for the A-D finals.
 - For the 400 Individual Medley and 500 Freestyle events, one championship final heat (A), two consolation finals heats (B-C), and one bonus finals heat (D) will compete in Finals.
 - ◆ **Protected D-final:** The D-final will be restricted to the next 8 fastest 16&U athletes who do not qualify for the A-C finals. If there are not sufficient 16&U qualifiers to fill the D-final, the heat will be filled with the next fastest 17&O athletes who did not qualify for the A-C finals
- **Order of seeding** will be Short Course Yards (SCY), Short Course Meters (SCM), Long Course Meters (LCM). **Bonus events** will be seeded after the above, in the same order: BSCY-BSCM-BLCM.
- **Preliminary Heats of Individual Events will be seeded and swum FASTEST to SLOWEST.**
- **Circle-Seeding:** Top 3 heats of **preliminary** individual events 200 or less, and top 2 heats of **preliminary** individual events of 400 or more, will be circle-seeded, with the **fastest athlete in heat 1**.
- **Finals Heats of Individual Preliminary Events will swim SLOWEST to FASTEST:**
 - ◆ Individual Events 200 and shorter: Bonus – E, Bonus – D, Consolation - C, Consolation - B, Championship - A.
 - ◆ 400 Individual Medley and 500 Freestyle: Bonus – D, Consolation - C, Consolation - B, Championship - A.
- **Timed Finals Events - 1650Y Freestyle**
 - ◆ These events will be swum using the National Event format. The **fastest (single) seeded heat of each gender will swim in Finals**. All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 60 minutes before the evening Finals session is scheduled to begin.
 - ◆ **Athletes may qualify for this event using any of the 1650Y/1500M or 1000Y/800M time standards.** Athletes using non-conforming distance entry times (1000Y/800M) will be seeded after conforming distance entry times. Order of seeding: 1650Y – 1500M – 1000Y – 800M
 - ◆ Athletes entered in the 1650Y Freestyle wishing to swim in preliminary heats rather than the Finals heat need to declare this intention by the stated scratch deadline for that day's events.
- **Timed Finals Events - Relays:** This meet will offer both single-gender and mixed-gender relays.
 - ◆ All single-gender C Relays will swim at the conclusion of Prelims on the day the relays are scheduled; A&B relays will be swum in Finals; there will be the option for teams to swim A-D relays in prelims; this must be declared by the scratch deadline for these events.
 - ◆ All mixed-gender E & F Relays will swim at the conclusion of Prelims on the day the relays are scheduled; A-D relays will be swum in Finals; there will be the option for teams to swim A-D relays in prelims; this must be declared by the scratch deadline for these events.
 - ◆ See **Order of Events** (p. 3) and **Entry Procedures** (p. 5) of this announcement, for additional details.
- **There will be NO Finals Ready Room** at this event. Athletes will not be paraded to the blocks. Athletes are to report to their lane, and the championship heat will be announced behind the blocks.

- Awards **MAY** be presented at this event. Final details will be announced at the General Meeting.

Women's Event #	Thursday * March 19, 2026	Men's Event #
1	100 Butterfly	2
3	200 Backstroke	4
5	50 Breaststroke	6
7	500 Freestyle (D)	8
9	200 Medley Relay (A)	10
Women's Event #	Friday * March 20, 2026	Men's Event #
11	200 Freestyle	12
13	50 Butterfly	14
15	100 Backstroke	16
17	400 Individual Medley (D)	18
19	200 Freestyle Relay (A)	20
Women's Event #	Saturday * March 21, 2026	Men's Event #
21	100 Freestyle	22
23	200 Butterfly	24
25	50 Backstroke	26
27	100 Breaststroke	28
29	200 Mixed Medley Relay (B)	29
Women's Event #	Sunday * March 22, 2026	Men's Event #
30	200 Breaststroke	31
32	1650 Women's Freestyle (C/D)	
33	50 Freestyle	34
	1650 Men's Freestyle (C/D)	35
36	200 Individual Medley	37
38	200 Mixed Freestyle Relay (B)	38

A: These relay events will be conducted as timed finals **with A & B relays swum at the end of Finals**, using the National Event Format: Fastest two heats of women (second fastest, fastest) followed by fastest two heats of men (second fastest, fastest), then alternating women/men fastest to slowest (3rd fastest women, 3rd fastest men, 4th fastest women, 4th fastest men, etc)

There may be a 10-min break following the conclusion of Finals individual events, prior to the start of these relays.

ALL C Relays will swim in Prelims in event order (all women's heats, then all men's heats). Teams will have the option of swimming their A&B relays in prelims. This must be declared by the scratch deadline on the previous day. All prelim heats will be swum fastest to slowest.

There may be a 10-min break following the conclusion of Preliminary individual events, prior to the start of these relays.

B: These relay events will be conducted as timed finals **with A – D relays swum at the end of Finals**, as follows:
Fastest two heats (second fastest, fastest) followed by all other heats, swum fastest to slowest (3rd fastest, 4th fastest, etc)

There may be a 10-min break following the conclusion of Finals individual events, prior to the start of these relays.

ALL E & F Relays will swim in Prelims. Teams will have the option of swimming their A-D relays in prelims. This must be declared by the scratch deadline on the previous day. All prelim heats will be swum fastest to slowest.

There may be a 10-min break following the conclusion of Preliminary individual events, prior to the start of these relays.

C: The 1650Y Freestyles will be conducted as timed finals, following the National Championship format. **The fastest (single) seeded heat of each gender will swim in the Finals session as follows:** Women's fastest heat following Event 31, Men's 200 Breaststroke * Men's fastest heat following Event 33, Men's 50 Free. Athletes will have the option of swimming in the earlier session; this decision must be declared by the scratch deadline of the previous day.

All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 60 minutes before the evening Finals session is scheduled to begin.
These heats may be swum in two courses.

Athletes may qualify for this event using any of the 1650Y/1500M or 1000Y/800M time standards. Non-conforming distance entry times (1000Y/800M) will be seeded after conforming distance entry times. Order of seeding: 1650Y-1500M-1000Y-800M

D) Swimmers competing in these events must have achieved the time standard. There are no bonus time standards.

RULES

- Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP") which is detailed on p. 9 of this meet announcement. Arizona Swimming Policies & Procedures will also apply.
- All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All athletes ages 18-19 must have completed and be current with the USA Swimming Athlete Protection Training certification to compete.
- **The age of the athlete will be his/her age as of March 19, 2026 (the first day of competition).**
- All athletes entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach in attendance must report to the Meet Director or Meet Referee who may assist an athlete in making supervision arrangements, but it is the athlete's responsibility to make these arrangements prior to the start of the meet and to so notify the Meet Referee.
- Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, including both a Forward Start and a Backstroke Start, or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement and to bring proof of such certification to the meet.
- It shall be the athletes' and coaches' responsibility to acquaint themselves with all the information in this Meet Announcement and any information and changes announced at the General Meeting.
- Athletes and coaches are responsible for being familiar with this meet's scratch rules.
- Deck changes are prohibited.
- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
- Photography including visual recording is not allowed behind the blocks during the start of a race or relay exchange.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.
- Medical supervision will be available to all athletes participating in the meet. Lifeguards with current lifeguarding, first aid, and CPR/AED certification will be on duty throughout warm-ups and competition. In addition, each coach's credentials include current water safety skills and CPR/AED certification. The facility's AEDs are located in the Main lobby and in the Lifeguard Office. All emergencies can be managed through the lifeguards and emergency personnel. If the situation is deemed a medical emergency the lifeguards will call 911 and handle the City of Mesa paperwork.
- Nearest urgent care: Banner Urgent Care 1157 S Crismon Rd Ste 101, Mesa, AZ 85208

RESTRICTIONS

- **This is a CLOSED-DECK meet. Only athletes, coaches, officials, and assigned meet volunteers will be permitted on the competition deck.**
- Tobacco products of any kind, vaping, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- Shaving is not permitted anywhere in the facility.
- Only service animals shall be allowed in the facility.

Broadcast Statement

Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.

Photography and Videos

This meet may be covered by the media, including photographs, video, webcasting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. There is no photography or videography allowed behind the

blocks.

ELIGIBILITY

This meet is open to all athletes **AGES 19 AND UNDER** who:

1. Are currently registered Premium or Outreach members of USA Swimming. **There will be no on-deck USA Swimming registration.**
2. **This is a closed meet and open only to athletes currently registered within the LSCs of the Western Zone as of the date entries close.**
There will be no on-deck transfers at this meet, into either an eligible club or LSC.
3. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions **between October 1, 2024, and the close of entries.** Times achieved from block party meets will be accepted. Qualifying times for this meet will be the 2026 Short Course Senior Zone Qualifying standards and Bonus standards for individual events. These are attached to this meet announcement on p. 10 - 11.
4. **There will be NO relay-only athletes allowed at this meet** – see Entries > Relay Event Limits, p. 6 for additional information.
5. There are no de-qualification time standards for this meet.
6. Entry times not in the SWIMS database must be proven to the Administrative Referee or designated representative prior to the scratch deadline for the event. Failure to provide such proof of time prior to that deadline will result in the athlete being removed from the event. It is the responsibility of the entering club, or individual if entering unattached, to verify that entry times are in SWIMS.
7. There are no relay time standards, and proof of relay entry times is not required.
8. Athletes with a disability who have achieved the USA Swimming Zone Para qualifying time standards during the qualifying period for this meet may enter individual events for which the standard has been achieved. These standards are attached to this meet announcement on p. 12.
 - Contact the admin referee for information on how to enter athletes with disabilities into the meet.
 - Athletes with disabilities may also participate in SCY Time Trials on the same basis as other entered athletes – see **Time Trials**, p.8 for additional information.
9. In accordance with USA Swimming Rules, the Meet Referee has the authority to accommodate swimmers with disabilities. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission.

ENTRIES

All entries must be submitted online through USA Swimming's Online Meet Entry system – www.usaswimming.org/ome beginning 10:00 AM Mountain Time, Monday, January 7th, 2026.

Regular Entries **CLOSE** at 11:59 PM MDT, Monday, March 9, 2026. * **Qualifying Time Period: October 1, 2024 through close of entries.**

- **OME ENTRY FILE NAME: 2026 WESTERN ZONE SHORT COURSE SENIOR CHAMPIONSHIPS - MESA AZ**
- With the submission of entries, the coach/team representative attests that all athletes entered are registered with USA Swimming.
- **OME will NOT be used for payment; teams must bring checks, cash, or credit card to the meet or have sent them to MESA AQUATICS 1225 W. Main St., #101-500 Mesa, AZ 85201. All payments must be received before athletes will be allowed to compete.**
- Once you complete your online entry, you will be sent a confirmation email. Bring it and all communications with you to the meet in case of any entry problems. When entering an individual time not yet in SWIMS, please try to ensure that the missing data is downloaded into SWIMS as soon as possible.
- Please note that OME will not update entry times as new results are entered into SWIMS. You can return to your entry after you have checked out to modify entry times should they improve during the entry period or to add events to your entry, but you cannot delete events after you have paid for them. **All entry modifications must be made before the entry deadline.**
- NOTE re Mixed Gender Relays: OME only permits entering five (5) relays for mixed gender events. Teams needing to add an "F" relay to the mixed gender relays must email Admin Referee to enter the additional relay. See additional information on p. 6, Relay Event Limits.
- Check all entries before paying for them! Enter each one with an accurate time achieved in the proper course; converted times will not be accepted.
- If you have **trouble using OME**, please contact **Katie Trace** at USASwimming: ktrace@usaswimming.org
- Direct Meet Entry questions to the Meet Entry Chair.

Proof of Times

- **SWIMS:** If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times > Individual Times Search) and it was swum in the appropriate qualifying period, it is considered a proven official time.
- **Official Meet Results:** If a time for a swimmer is listed in the official meet results of a USA Swimming sanctioned, approved, or observed competition, or a recognized foreign competition, and it was swum in the appropriate qualifying period, it is considered a proven official time.
- Meet Mobile is NOT acceptable as verification for "Proof of Times"

Entry Fees

Meet Surcharge	\$45.00 surcharge per athlete
Meet Entry Fees	\$20.00 per individual event entry
	\$40.00 per relay entry

Late Entries

Late entries for athletes who had qualifying times **prior** to the entry deadline may be submitted using the **USA Swimming Online Meet Entry system** until 11:59 pm Mountain Time, Monday, March 16, 2026. OME ENTRY FILE NAME is **2026 WESTERN ZONE SHORT COURSE SENIOR CHAMPIONSHIPS - MESA AZ LATE ENTRIES**

- ⊕ **Late Entry Fine** **\$100.00 per athlete or relay team**
- ⊕ **Late Entry Surcharge** \$90.00 surcharge per athlete (if adding a new athlete to meet)
- ⊕ **Late Entry Fees** \$40.00 per individual event
 \$80.00 per relay

First-Time Individual Event Qualifiers

Athletes who achieve a **first-time individual qualifying standard** from Tuesday, March 10, 2026, through Sunday, March 16, 2026, may enter the meet using the **USA Swimming Online Meet Entry system**. The file name is **2026 WESTERN ZONE SHORT COURSE SENIOR CHAMPIONSHIPS - MESA AZ NEW ENTRIES AFTER DEADLINE**

- ⊕ New qualifying individual entries will be accepted via the OME Entry Platform until 11:59 pm Mountain Time, Monday, March 16, 2026, and may not be used to improve the seed time of a previously submitted entry.
- ⊕ Updating bonus swim entry times after the regular entry deadline on March 9th will not be permitted. However, an athlete who achieves a first-time qualifying time in an event he/she had previously entered as a bonus swim may treat the bonus swim as a qualifying swim to allow for an additional bonus swim.
- ⊕ To update a previously entered bonus event to new a new qualifying swim, and to add a new bonus event, **contact the admin referee**.

Individual Event Limits

Athletes may enter up to nine (9) individual events but may only compete in a maximum of seven (7) individual events total (including Bonus events, but *not* including Time Trials).

- ⊕ Athletes may not compete in more than three (3) individual events per day, *including* Time Trials.
- ⊕ Athletes may enter any number of time trials during the course of the meet but may not exceed the limit of three (3) individual events per day with a combination of time trials and individual meet events. See **Time Trials** p. 8 for additional information.

Bonus Event Limits

Athletes entered in the meet with at least one qualified individual event will be eligible to enter up to a maximum of two (2) Bonus events in which the Bonus standard has been achieved.

- ⊕ Bonus events are limited to distances of 200Y or less.
- ⊕ **Bonus times must appear in SWIMS within the qualifying time period: October 1, 2024 through close of entries. NT entries will not be accepted.**

Relay Event Limits

There will be NO relay-only athletes. Athletes must be entered in the meet in an individual event to swim on a relay.

- There are *no* relay time standards, and proof of relay entry times is *not* required.
- Athletes may compete in one relay per day, and up to four (4) relays total for the meet.
- **Single-gender Relays:** Maximum of THREE (3) relay entries per team, per gender (A-B-C)
 - ⊕ All single-gender C relays will be swum in Preliminary Heats; teams will have the option to swim A-D in prelims
- **Mixed-gender Relays:** Maximum of SIX (6) relay entries per team (A – F)
 - ⊕ Mixed-gender relays must be comprised of two female athletes and two male athletes.
 - ⊕ All mixed-gender E & F relays will be swum in Preliminary Heats; teams will have the option to swim A-D in prelims
 - ⊕ OME NOTE: OME only permits entering five (5) relays for mixed gender events. Teams needing to add an "F" relay to the mixed gender relays must email the admin referee to enter the additional relay.

Clerk of Course: A virtual clerk of course will be used for this meet. Additional details will be provided no later than the general meeting.

SCRATCH PROCEDURES

**The USA Swimming National Championship scratch procedure and no-show rules will be used at this meet.
These rules are described in USA Swimming Rulebook, 207.11.6**

Scratch Deadline for ALL Preliminary and Timed Finals Events, including Relays and the 1650Y Freestyles, will be @ 6:00 pm on Wednesday night for Thursday events and 30 minutes after the start of finals on Friday, Saturday, and Sunday.

- All scratches for preliminary and timed finals events will be made through the virtual clerk of course.
- Athletes are considered checked in for all individual events unless scratched.
- Athletes entered in the 1650 Freestyle wishing to swim in the preliminary heats rather than the finals heats need to declare this intention by the Sunday event scratch deadline

Scratches From Finals

All scratches from Finals must be completed within the deadlines specified by the USA Swimming Rule 207.11.6 and must be made **through the virtual clerk of course**.

RELAYS will follow the same scratch procedures as Individual Events.

- *Scratches for relays are due prior to the scratch deadline for that day's events.*
- *Sunday finals Relays wishing to swim in preliminary heats rather than the Finals heats need to declare this intention by Sunday event scratch deadline.*

Entry forms for the submission of names not previously submitted with entries, or for making changes to athletes swimming on a relay, will be available at Administration Desk. Please list the competing relay swimmers with first and last names and order of swimming for each entered relay. Relay forms are due to the Administration Desk no later than one (1) hour prior to the start of the relays. However, relay names and order may be changed up to the time of the swim at the blocks, with the timers.

Rule 207.11.6 E(4) applies to this meet. The re-entry fee will be \$200.00 per preliminary event, cash or check payable to the meet host at the administrative desk.

OTHER IMPORTANT INFORMATION

Scoring

Scoring will be on a twenty-four (24) place basis.

- **Individual events:** 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
- **Relays:** 64-56-54-52-50-48-46-44-40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.
- *Scoring for mixed gender relays will be evenly split between men's and women's team scores and credited in full to combined team scores.*

Awards

- **Awards MAY be presented at this event.** Final details will be announced at the General Meeting
- Medals: top three (3) individual and relay places.
- Team awards: First through Third places for Women, Men, and Combined. Team scoring will include both individual and relay events to 24 places each. Both women and men must score for a team to be eligible for a combined scoring team award.
- Individual High Point Awards: Top-scoring Woman and Top-scoring Man (individual events only)

General Meeting

A General Meeting will be held via Zoom on Monday, March 16, 2026, at 8:30 pm Mountain Time. Link will be sent after close of entries.

Teams must have a coach or team representative in attendance.

Coaches not in attendance are responsible for obtaining the information covered in the General Meeting.

Registration & Team Check-In:

Site-specific details will be provided after close of entries.

Warm-Ups

Arizona Swimming Policies and Procedures for meet warm-up will be in effect for this event. Warmup details will be distributed to coaches following the close of entries. However, the Meet Referee in consultation with the meet host reserves the right to modify warm-ups as determined to be in the best interest of the safety of the athletes and the conduct of the meet.

SCY Time Trials - Summary * Confirmed details will be sent out following the close of entries

- SCY Time Trials will be held under a separate sanction of Arizona Swimming, Inc.
- SCY Time Trials will be conducted on a time-available basis and are limited to approximately one hour.
- Events offered will be limited to those offered in the meet
- The 1650 Freestyle will only be offered on one day; specific day will be announced at the general meeting.
- Entries for SCY Time Trials –will be conducted at the meet.
- Athletes must be entered in the meet and have paid the athlete surcharge to swim in Time Trials.
- Athletes may enter any number of time trials during the course of the meet but may not exceed the limit of three (3) individual events per day with a combination of time trials and individual meet events.
- **SCY Time Trial Entry Fees: \$20.00 per individual event \$40.00 per relay event**

Timers & Counters

- Timers will be provided for individual Finals events, including the 500 Freestyle and 400 Individual Medley events.
- Participating teams may be assigned lanes for assisting with timing for all Preliminary events including relays.
- Athletes will need to provide their own timers for Time Trials and the 1650Y Freestyles – details will be announced following the close of entries.
- Athletes wishing to have a counter for distance events, including the 500 Freestyle, will need to provide a person for this purpose. Lap counting devices will be provided.

Hospitality

Hospitality will be provided for Coaches and Officials. Athletes may not be present in the Hospitality Room.

Meet Information & Results

Meet Information and post-meet results will be posted to the websites listed on p.1 of this Announcement.

Parking at the Facility

Free Parking is available on the North side of the facility. Any parking spaces designated for Skyline High School personnel is strictly off limits. Any vehicle found parking in these spots will be subject to towing.

Concessions & Other Meet Vendors

Concessions & other meet vendors may be available at this event. Additional details will be provided as soon as they are available.

OFFICIALS

Officials interested in attending this event are invited to apply to officiate by completing the online application, below. Applicants must be a current member of USA Swimming and an LSC-certified official.

- **Officials Online Application link: <https://forms.gle/eru19wmjUB5T5G6a8>**

Application Deadline for Assigned Positions: 2/2/2026

- **Application Deadline to receive an Officials Polo & Name Tag: 2/15/2026**

This meet has been designated as a training meet for N2 and N3 Officials Certification. OQM # PENDING

Officials wishing to renew this level of certification must apply using the online application form (link above) and notify the Meet Referee upon arrival at the meet. Instructions for certification will be provided during Officials' Meetings.

Officials Uniform

The uniform for officials for the meet is White polo shirt * khaki long skirt or long pants (shorts only during Prelims please),* white, closed toe shoes with white socks

Officials Meetings

Officials' Meetings will be one hour before each day's sessions; location and exact times TBA

Officials Assistance Fund

Information about the officials' assistance fund for this meet will be provided no later than February 2, 2026. For more information, please contact Judi Creech, the Western Zone Officials Coordinator, jjjcreech@comcast.net

SAFE SPORT

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

The Minor Athlete Abuse Prevention Policy (“MAAPP”) (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

All athletes age 18 and older must complete Athlete Protection Training (“APT”) to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before March 19, 2026, or any subsequent days of the meet, who has not completed APT by the first day of their competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.

All athletes age 18 and older must complete Athlete Protection Training (“APT”) to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before **March 19, 2026**, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.

Times achieved by an athlete who turns age 18 on or before **March 19, 2026**, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.



2026 Western Zone Short Course Senior Championships

March 19 - 22

Skyline Aquatic Center
Mesa, AZ

Qualifying Time Period: October 1, 2024 - Close of Entries

Meet Qualifying Time Standards						
Women			Men			
LCM	SCM	SCY	Event	SCY	SCM	LCM
29.59	28.89	26.09	50 Free	23.19	25.69	26.99
1:04.39	1:02.39	56.49	100 Free	50.99	56.29	58.99
2:18.99	2:15.29	2:02.39	200 Free	1:51.79	2:03.49	2:08.69
4:51.79	4:48.19	5:29.39	400/500 Free	5:02.69	4:24.79	4:34.39
10:05.99	9:58.69	11:24.19	800/1000 Free	10:33.99	9:14.79	9:29.99
19:21.09	18:59.79	19:06.69	1500/1650 Free	17:36.89	17:30.49	18:11.09
33.89	31.99	28.99	50 Back	26.09	28.79	31.09
1:11.39	1:07.79	1:01.39	100 Back	55.49	1:01.29	1:05.19
2:33.39	2:27.29	2:13.29	200 Back	2:01.29	2:13.99	2:21.49
37.89	37.29	33.79	50 Breast	30.09	33.29	34.29
1:20.99	1:17.99	1:10.59	100 Breast	1:03.19	1:09.79	1:13.49
2:54.49	2:48.79	2:32.79	200 Breast	2:17.29	2:31.69	2:39.79
32.09	31.49	28.59	50 Fly	25.89	28.59	29.29
1:09.29	1:07.49	1:01.09	100 Fly	55.19	1:00.99	1:03.09
2:34.29	2:30.49	2:16.19	200 Fly	2:03.39	2:16.39	2:21.09
2:36.99	2:30.79	2:16.49	200 IM	2:03.99	2:16.99	2:24.69
5:32.49	5:22.29	4:51.59	400 IM	4:24.69	4:52.39	5:07.79

There are no dequal time standards for this event



2026 Western Zone Short Course Senior Championships

March 19 - 22

Skyline Aquatic Center
Mesa, AZ

Qualifying Time Period: October 1, 2024 - Close of Entries

Bonus Qualifying Time Standards						
Women			Men			
LCM	SCM	SCY	Event	SCY	SCM	LCM
30.09	29.39	26.59	50 Free	23.69	26.19	27.49
1:05.39	1:03.39	57.49	100 Free	51.99	57.29	59.99
2:20.99	2:17.29	2:04.39	200 Free	1:53.79	2:05.49	2:10.69
N/A	N/A	N/A	400/500 Free	N/A	N/A	N/A
N/A	N/A	N/A	800/1000 Free	N/A	N/A	N/A
N/A	N/A	N/A	1500/1650 Free	N/A	N/A	N/A
34.39	32.49	29.49	50 Back	26.59	29.29	31.59
1:12.39	1:08.79	1:02.39	100 Back	56.49	1:02.29	1:06.19
2:35.39	2:29.29	2:15.29	200 Back	2:03.29	2:15.99	2:23.49
38.39	37.79	34.29	50 Breast	30.59	33.79	34.79
1:21.99	1:18.99	1:11.59	100 Breast	1:04.19	1:10.79	1:14.49
2:56.49	2:50.79	2:34.79	200 Breast	2:19.29	2:33.69	2:41.79
32.59	31.99	29.09	50 Fly	26.39	29.09	29.79
1:10.29	1:08.49	1:02.09	100 Fly	56.19	1:01.99	1:04.09
2:36.29	2:32.49	2:18.19	200 Fly	2:05.39	2:18.39	2:23.09
2:38.99	2:32.79	2:18.49	200 IM	2:05.99	2:18.99	2:26.69
N/A	N/A	N/A	400 IM	N/A	N/A	N/A

There are no dequal time standards for this event

Para 1 ZONE Motivational Time Standards

P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	Girls								Boys								
	10 & U P1		11-12 P1		13-14 P1		15 & O P1		P1	10 & U P1		11-12 P1		13-14 P1		15 & O P1	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
	1:37.89	1:37.89	1:29.39	1:29.39	1:22.89	1:22.89	1:21.59	1:21.59	50 FR	1:33.29	1:33.29	1:24.29	1:24.29	1:18.29	1:18.29	1:15.29	1:15.29
	3:25.49	3:25.49	3:07.69	3:07.69	2:53.99	2:53.99	2:51.19	2:51.19	100 FR	3:30.59	3:30.59	3:10.29	3:10.29	2:56.69	2:56.69	2:49.89	2:49.89
	8:12.49	8:12.49	7:29.39	7:49.39	6:56.59	6:56.59	6:50.09	6:50.09	200 FR	5:46.79	5:46.79	5:13.19	5:13.19	4:50.89	4:50.89	4:39.69	4:39.69
	1:55.89	1:55.89	1:45.79	1:45.79	1:38.09	1:38.09	1:36.59	1:36.59	50 BK	1:17.89	1:17.89	1:10.39	1:10.39	1:05.39	1:05.39	1:02.79	1:02.79
	3:32.99	3:32.99	3:14.59	3:14.59	3:00.39	3:00.39	2:57.49	2:57.49	100 BK	2:50.19	2:50.19	2:33.69	2:33.69	2:22.69	2:22.69	2:17.29	2:17.29
	1:47.29	1:47.29	1:30.99	1:37.99	1:30.79	1:30.79	1:29.39	1:29.39	50 BR	1:24.19	1:24.19	1:16.09	1:16.09	1:10.59	1:10.59	1:07.89	1:07.89
	5:05.89	5:05.89	4:39.39	4:39.39	4:18.99	4:18.99	4:14.99	4:14.99	100 BR	4:04.19	4:04.19	3:40.59	3:40.59	3:24.89	3:24.89	3:16.99	3:16.99
	2:52.49	2:52.49	2:37.49	2:37.49	2:25.99	2:25.99	2:23.69	2:23.69	50 FL	2:37.89	2:37.89	2:22.59	2:22.59	2:12.39	2:12.39	2:07.29	2:07.29
	7:07.49	7:07.49	6:30.39	6:30.39	6:01.89	6:01.89	5:56.19	5:56.19	150 IM	7:02.79	7:02.79	6:21.89	6:21.89	5:54.59	5:54.59	5:40.99	5:40.99

Para 2 ZONE Motivational Time Standards

P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body.	Girls								Boys								
	10 & U P2		11-12 P2		13-14 P2		15 & O P2		P2	10 & U P2		11-12 P2		13-14 P2		15 & O P2	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		50 FR	50.69	53.39	45.79	48.19	42.59	44.75	40.89
	53.29	56.09	48.79	51.29	45.19	47.49	44.49	46.79	50 FR	50.69	53.39	45.79	48.19	42.59	44.75	40.89	43.09
	1:58.69	204.89	1:48.39	1:54.09	1:40.49	1:45.69	1:38.89	1:44.09	100 FR	1:51.89	1:57.69	1:40.99	1:46.39	1:33.99	1:38.79	1:30.19	1:34.99
	4:04.29	4:17.09	3:43.09	3:54.79	3:26.59	3:37.69	3:23.59	3:34.29	200 FR	3:56.59	4:09.09	3:33.69	3:44.99	3:18.59	3:28.89	3:10.79	3:20.89
			9:17.49	7:35.09	8:25.49	6:52.59	8:17.49	6:46.09	400/ 500 FR			8:59.39	7:20.29	8:20.79	6:48.79	8:01.59	6:33.09
	1:04.79	1:08.19	59.19	1:02.29	54.89	57.69	53.99	56.79	50 BK	57.39	1:00.39	51.79	54.49	48.19	50.69	46.29	48.69
	2:29.89	2:37.69	2:16.89	2:24.09	2:06.89	2:13.49	2:04.89	2:11.39	100 BK	2:32.89	2:40.89	2:09.69	2:16.49	2:00.59	2:06.79	1:55.79	2:01.89
			4:42.39	4:57.19	4:21.79	4:35.49	4:17.69	4:31.19	200 Bk			4:03.49	4:16.29	3:46.09	3:57.99	3:37.39	3:48.79
	1:07.69	1:11.19	1:01.79	1:04.99	57.29	1:00.29	56.39	59.29	50 BR	1:04.99	1:08.39	59.19	1:01.79	54.59	57.39	52.39	55.19
	2:29.99	2:37.89	2:16.99	2:24.19	2:05.19	2:13.69	2:05.09	2:11.59	100 BR	2:24.09	2:31.69	2:10.19	2:16.99	2:00.99	2:07.19	1:56.19	2:02.39
			5:00.09	5:15.79	4:38.19	4:52.79	4:33.79	4:48.19	200 BR			4:40.89	4:55.69	4:20.99	4:34.59	4:10.79	4:23.99
	1:05.29	1:08.69	59.59	1:02.69	55.19	58.09	54.39	57.19	50 FL	52.49	55.29	47.39	49.89	44.09	46.39	42.39	44.59
	2:47.69	2:56.49	2:33.19	2:41.19	2:22.09	2:29.49	2:19.79	2:27.09	100 FL	2:44.69	2:53.29	2:28.69	2:36.59	2:18.29	2:25.39	2:12.79	2:19.79
	5:11.09	5:27.39	4:44.09	4:58.99	4:23.39	4:37.19	4:19.19	4:32.79	200 IM	4:53.49	5:09.89	4:25.09	4:38.99	4:06.29	4:19.09	3:56.69	4:09.19

Para 3 ZONE Motivational Time Standards

P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	Girls								Boys								
	10 U P3		11-12 P3		13-14 P3		15 & O P3		P3	10 U P3		11-12 P3		13-14 P3		15 & O P3	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		37.39	41.49	33.79	37.49	31.39	34.79	30.09	33.49
	41.39	45.89	37.79	41.89	34.99	38.79	34.39	38.19	50 FR	37.39	41.49	33.79	37.49	31.39	34.79	30.09	33.49
	1:28.09	1:37.79	1:20.39	1:29.29	1:14.59	1:22.79	1:13.39	1:21.49	100 FR	1:21.19	1:30.19	1:13.39	1:21.49	1:08.29	1:15.79	1:05.49	1:12.79
	3:37.09	4:01.19	3:18.29	3:40.29	3:03.79	3:24.19	3:00.89	3:20.99	200 FR	3:05.69	3:26.29	2:47.69	3:06.39	2:35.79	2:53.09	2:29.79	2:46.39
	8:14.09	7:14.29	7:31.29	6:36.69	6:58.29	6:07.69	6:51.69	6:01.89	400/ 500 FR	8:01.09	7:02.89	7:14.39	6:21.89	6:43.49	5:54.69	6:27.89	5:40.99
			17:06.19	14:33.39	15:58.09	13:35.39	15:44.49	13:23.79	800/ 1000 FR			17:08.19	14:34.99	15:54.69	13:32.49	15:17.89	13:01.19
			30:59.39	29:02.59	29:03.69	27:13.89	28:40.09	26:52.09	1500/ 1650 FR			31:47.89	29:48.09	29:31.59	27:40.29	28:23.49	26:36.49
	52.19	57.89	46.89	52.09	42.99	47.69	42.19	46.79	50 BK	42.79	47.59	38.69	42.99	35.99	39.89	34.59	38.39
	1:45.49	1:57.19	1:36.38	1:47.09	1:29.39	1:39.29	1:27.99	1:37.69	100 BK	1:30.29	1:40.29	1:21.59	1:30.59	1:15.69	1:24.09	1:12.79	1:20.89
			3:57.09	4:23.39	3:36.89	4:00.89	3:32.79	3:56.39	200 BK			3:15.59	3:37.29	3:01.69	3:21.79	2:54.59	3:13.99
	52.69	58.49	47.49	52.69	43.39	48.19	42.59	47.29	50 BR	46.79	51.99	42.29	46.99	39.29	43.59	37.79	41.89
	1:52.29	2:04.69	1:42.59	1:53.89	1:35.09	1:45.59	1:33.49	1:43.89	100 BR	1:43.89	1:55.39	1:33.79	1:44.29	1:27.19	1:36.79	1:23.79	1:33.09
			3:49.99	4:15.49	3:30.39	3:53.69	3:26.39	3:49.29	200 BR			3:25.39	3:48.19	3:10.79	3:31.89	3:03.39	3:23.79
	47.39	52.59	42.59	47.29	38.99	43.29	38.29	42.49	50 FL	40.59	45.09	36.69	40.79	34.19	37.89	32.79	36.39
	1:35.39	1:45.89	1:27.09	1:36.69	1:20.69	1:29.59	1:19.39	1:28.19	100 FL	1:25.39	1:34.89	1:17.19	1:25.69	1:11.69	1:19.59	1:08.89	1:16.49
			3:45.69	4:10.69	3:26.39	3:49.29	3:22.49	3:44.99	200 FL			3:15.19	3:36.89	3:01.29	3:21.39	2:44.29	3:13.69
	3:43.19	4:07.89	3:23.79	3:46.39	3:08.99	3:29.89	3:05.99	3:26.59	200 IM	3:16.99	3:38.89	2:57.99	3:17.69	2:45.29	3:03.59	2:38.89	2:56.49
			8:12.89	9:07.59	7:30.79	8:20.79	7:22.29	8:11.39	400 IM			7:13.39	7:46.79	6:30.49	7:13.79</td		